



**Kirkwood**  
The Hospice for Kirklees

# The Family Care Team at Kirkwood



# The Family Care Team

The Family Care Team at Kirkwood Hospice provides emotional and psychological support for those living with, affected by or bereaved through a life-limiting illness.

## What We Offer

### Pre-Bereavement

- Pre-Bereavement support for the patient, their family and friends
- Pre-Bereavement support for children and young people
- Pre-Bereavement counselling and psychotherapy
- Advice and liaison with allied healthcare professionals

### Post-Bereavement

- One to one counselling and psychotherapy, booked by appointment after an initial assessment

- Bereavement telephone support service
- A bereavement drop in service: a person can literally 'drop-in' at any time during the service. It is fortnightly on Monday mornings from 9.30am - 12.30pm. Peer Group support, one to one support, complementary therapies, expressive artwork, creative writing and a facilitated therapy group are available (details can be found at: [www.kirkwoodhospice.co.uk](http://www.kirkwoodhospice.co.uk))
- Bereavement Evening - a series of themed talks and discussions based on the cycle of grieving with discussion and support (details can be found at: [www.kirkwoodhospice.co.uk](http://www.kirkwoodhospice.co.uk))
- Psychological and emotional support for bereaved

children and young people (formerly Kirkwood Koalas), by appointment. Parents are offered support alongside their children

- Education, training programmes and talks focussing on bereavement and loss issues, listening skills, work with children and young people
- Consultancy, supervision and advice for allied healthcare professionals.

## **Our Team**

The Family Care Team consists of the Team Leader who is a psychotherapist, two Counsellors, an administrator and the Spiritual Care Co-ordinator and Chaplain.

We also have volunteer counsellors and Bereavement Support workers who assist with the services outlined in this leaflet.

## **Referral Criteria**

The main criterion for referral to the Family Care Team is that the person being referred is living with, caring for or is bereaved by a life-limiting illness.

For individuals who do not meet this referral criteria, we are happy to provide a session of advice, provide supporting literature and if necessary a follow-on referral to an appropriate service.

## **How We Can Help**

The Family Care Team work alongside you by trying to listen and understand what your world is like for you. We attempt to offer you a safe space in which you can feel heard and accepted as you begin to work through very powerful emotions. We can offer sessions in an individual or group format.

It is the team's experience that both pre and post-bereavement can make us question elements of our lives such as, the nature and meaning of life, relationships, spiritual crises, uncertainty and anxiety.

As both pre and post-bereavement issues can affect the whole family, the team also offer appropriate emotional

and psychological support for children and families.

All our services are free.

To discuss referrals to the Family Care Team or for further information on our referral criteria and services, please call: **01484 557908**. Alternatively you can find out more at: **[www.kirkwoodhospice.co.uk](http://www.kirkwoodhospice.co.uk)**

## Useful Contact Information

Family Care Team: 01484 557908

Main Reception: 01484 557900

Email: [info@kirkwoodhospice.co.uk](mailto:info@kirkwoodhospice.co.uk)

Website: [www.kirkwoodhospice.co.uk](http://www.kirkwoodhospice.co.uk)

Facebook: [facebook.com/KirkwoodHosp](https://www.facebook.com/KirkwoodHosp)

Twitter: [@KirkwoodHospice](https://twitter.com/KirkwoodHospice)

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